Learning Journey KS3 Physical Education



Transferable Skills

Physical Skills

Character development performance

Analysing

Giving & responding to feedback

Health and Wellbeing

Leadership development

Resilience

AIMS

Develop confidence in a broad range of sports.

Physically active for sustained periods of time.

Engage in competitive sports.

Lead active healthy lives.

GCSE PE

KS4

Sports Studies Onto

CORE

PΕ

Sports Day

KS4 pathway options

GYMNASTICS

Performance Analysis: leading to an improvement in performance

SUMMER SPORTS Athletics/Striking & Fielding

Skill performance through

selected sports pathways

Officiating Skills

OAA

Leadership

Advance rules & strategy application of tactics

Healthy Active Lifestyle: Theory

knowledge developed further

Effort

Feedback: evaluating and

responding to

NET/WALL SPORTS

Sports Day

INVASION GAMES SPORTS

Advance skills developed and pathways directed towards KS4 course options.

Resilience

SUMMER SPORTS

Athletics/Striking & Fielding

Performance Analysis: evaluate for performance development

Rules & Strategy Application of tactics

Leadership **Programme**

HEALTH & FITNESS

HEALTH & FITNESS

GYMNASTICS Flight

NET/WALL SPORTS

Development

9

Healthy Active Lifestyle: Theory knowledge introduced

Elite **Performance Programme**

Responding to Feedback



OAA

Performance Analysis



Sports Day

Effort

Resilience **Skill Performance**

Elite Performance **Programme Applications**

SUMMER SPORTS Athletics/Striking & Fielding 8

INVASION GAMES SPORTS

Decision Making

OAA

Feedback

Rules & Strategy

Resilience

Effort



Further development of skills and advanced

skills introduced.

GYMNASTICS

HEALTH & FITNESS

INVASION GAMES SPORTS

Leadership **Programme Applications**

Healthy Active Lifestyle

Competitive league fixtures



Decision Physical

Baseline assessment skills

Core and basic skills introduced and developed across a range of sports.