

YEAR 10



R033 – Supporting Individuals Through Life Events (Coursework Unit)

- Understand life events and their impact on individuals.
- Explore support available in different situations.
- Apply research and analysis skills to case studies.
- Recommend and evaluate appropriate support.
- Develop written communication and coursework skills

R035 – Health Promotion Campaigns (Coursework Unit – Start)

- Understand factors affecting health and wellbeing.
- Explore health issues and target audiences.
- Develop research skills to plan health promotion campaigns.
- Create appropriate health promotion strategies and materials.

YEAR 11



R035 – Health Promotion Campaigns (Coursework Unit)

- Delivery of health promotion campaign.
- Produce targeted health promotion materials for a specific audience.
- Develop skills in communication, creativity and applied research.
- Evaluate the effectiveness of the campaign and suggest improvements.
- Complete and submit coursework by October half term.

R032 – Principles of Care in Health and Social Care Settings (Exam Unit)

- Understand care principles, safeguarding, and professional responsibilities.
- Explore how care professionals support individuals.
- Apply knowledge to real-life scenarios.
- Develop exam skills through application and evaluation.

YEAR 12



F090 – Principles of Health and Social Care (Exam Unit)

- Understand care principles, values, and standards.
- Explore professional roles and care settings.
- Develop knowledge of safeguarding and legislation.
- Apply understanding to real-life scenarios.
- Develop exam and analytical skills.

F092 – Person-Centred Approach to Care (NEA)

- Understand person-centred care and individual needs.
- Develop research, communication, and analysis skills.
- Apply care principles to support planning.
- Evaluate care approaches and outcomes.

F097 – Supporting Healthy Nutrition and Lifestyles (NEA)

- Understand nutrition, lifestyle, and wellbeing.
- Explore factors influencing health choices.
- Apply knowledge to real-life scenarios.
- Develop planning, research, and evaluation skills.

YEAR 13



F091 – Anatomy and Physiology for Health and Social Care (Exam Unit)

- Understand body systems and their role in health.
- Explore the impact of lifestyle and illness.
- Apply knowledge to care contexts.
- Develop advanced exam and evaluation skills.

F093 – Supporting People with Mental Health Conditions (NEA)

- Understand mental health conditions and their impact.
- Explore support strategies and person-centred care.
- Analyse barriers and evaluate care approaches.

F094 – Supporting People with Long-Term Physiological Conditions (NEA)

- Understand long-term conditions and their impact.
- Explore care needs and support strategies.
- Apply knowledge to real-life scenarios.
- Evaluate care approaches and support systems.