



New Safety Requirement for Students Cycling to School

Dear Parents and Carers,

At The Angmering School, the safety and wellbeing of our students is always our highest priority. Many of our students choose to cycle to school, and we are delighted to see so many taking part in healthy, environmentally friendly travel. However, we also have a duty to ensure that this is done as safely as possible.

This week we have focused our assemblies on the benefits of active travel to school, looking at the physical health and mental health benefits. We have also looked at safe cycling and the importance of wearing a cycle helmet. **From Monday 5th January 2026, all students who cycle to and from school will be required to wear a cycle helmet.** This change follows careful consideration of national safety guidance and evidence from road safety organisations.

According to RoSPA (The Royal Society for the Prevention of Accidents) and the NHS, wearing a properly fitted helmet can significantly reduce the risk of head injury in the event of a fall or collision. Head injuries are the most common cause of death and serious disability in cycling accidents. Research indicates that **a cycle helmet can reduce the risk of serious brain injury by up to 70%.**

We know that many of our students already wear helmets regularly, and we thank you for supporting them in doing so. For those who do not yet have a helmet, we are giving advance notice of this change to allow time to purchase one before the new rule comes into effect in January. **Halford's (Rustington branch)** have kindly agreed to support our initiative by offering all Angmering School students 25% discount on bike helmets. To benefit from this, please simply inform the till staff that your child attends The Angmering School.

We are also delighted to inform you that on Thursday 20th November, **Recycled Cycles Ltd**, a local company, are kindly coming into school to offer **free cycle safety checks** for our students. We have a limited number available, but will provide further appointments on future dates if there is demand. If you would like to book a cycle safety check for your child's bike, please click the [link here](#) and ensure you include your child's name and tutor group in the notes. If choosing to have a cycle safety check, any **minor safety issues will be rectified**, and your child will be **provided with a cycle safety checklist** which will give guidance on any work that needs to be done. When attending the appointment, your child should go to the bike storage area near the front of school.

Thank you for your ongoing support.

Yours faithfully,

The Angmering School, in collaboration with Recycled Cycles Ltd and Halfords