

PS37/26-27/SLI/KLA

Thursday 10 September 2026

Dear parents and carers,

Invitation: Let's talk about Kids & Smartphones – 1 October : 6.30-8.30pm The Angmering School

Children are being given smartphones at increasingly younger ages, often due to pressure and fear of exclusion because 'everyone else has one'. But growing evidence links smartphone use in young people to issues like anxiety, addiction and reduced attention spans. They're a gateway to cyberbullying and grooming as well as adult and violent content.

The Angmering School has arranged a panel event of experts in children's mental health, cyber-crime and safeguarding to help parents understand the risks smartphones can have on young people and to explore how to protect children's wellbeing.

The event is at **The Angmering School** on **Thursday 1 October** from **6.30-8.30pm**, and is open to all parents, families and carers in the area. Due to the sensitive content, this event is for over 18s only.

Tickets are free but spaces are limited so please book your ticket as soon as possible.

Reserve your ticket here: <https://tinyurl.com/Angmering-SFC>

You can find out more about the Smartphone Free Childhood movement here:
<https://www.smartphonefreechildhood.org/>

Find your local school [Smartphone Free Childhood community](#)

Kind regards,

The Angmering School